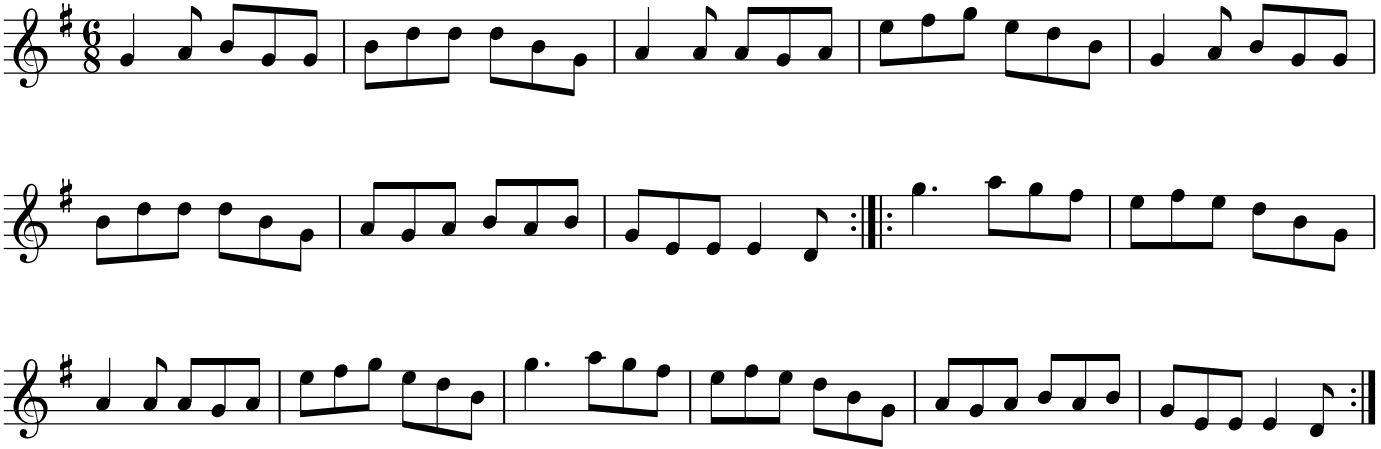Delia Henry's Jig